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A Warm Welcome to the National Conference for Children and Young People's Wellbeing Practitioners (CWP)

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15th September 2023

Housekeeping



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- Delegate pack – full version can be accessed via the QR code
- Photography and videography
- Emergency evacuation point - far corner of the Piazza, near the Boxcar coffee shop
- Presentations and recordings will be shared after the event
- Refreshments and lunch
- Toilets and quiet space
- Enjoy!



Overview of the day

Time	Talk
09:30-10:00	Arrival and refreshments
10:00-10:10	Welcome and opening remarks
10:10-10:30	Children's Wellbeing Practitioners and the Transformation of Children and Young People's Mental Health Care
10:30-10:50	The Anxiety and Depression in Young People (AnDY) Research Clinic: The role of Children's Wellbeing Practitioners
10:50-11:10	The Children's Wellbeing Practitioner role in Young Somerset - how we use data to improve service delivery-the journey so far
11:10-11:40	Break and networking
11:40-12:00	Evaluation Talk
12:00-12:20	Part one: Service Development in Islington CAMHS – Bridging the gap between CWPs and the Islington Community
	Part two: CHUMs workshops
12:20-12:40	How Children's Wellbeing Practitioners can increase access to evidence based early interventions in communities
12:40-13:40	Lunch and networking

Time	Talk
13:40-14:00	Finding me
14:00-14:20	A Trainee's Story
14:20-14:40	The challenge of recruiting men to the CWP role; the potential link to lower numbers of boys to girls accessing the services & ideas for addressing this going forwards
14:40-15:00	Break and networking
15:00-15:20	Diversity and Inclusion; Teaching to practice
15:20-15:55	Final Remarks
15:55-16:00	Farewell and safe travels

Background Context of the Children's Wellbeing Practitioner Role

The Five Year Forward View report (2016) provided an indicative trajectory for increased access to services recognising that this will require a significant expansion of the workforce. It made clear that the CYPMH workforce needed an additional 1,700 practitioners over the next four years to close the gap between demand and provision for evidence-based mental health treatments for children and young people.

The NHS Long Term Plan and Implementation plan (2019) and Mental Health Implementation Plan further outlined this need for the ongoing expansion of the CYPMH workforce.

These reports challenge us to ensure there is step-change in the accessibility of support for children, young people and their families, to tackle mild to moderate presentations in a timely and effective manner and to accelerate the identification and triaging of more complex cases for appropriate treatment.


The Wellbeing Practitioner for Children and Young People Role

A new training scheme was developed to create a new cadre of psychological practitioners capable of delivering high-quality, evidence-based interventions for mild to moderate difficulties in a way that can be efficiently brought to scale.


The initiative proposed to make more effective use of the large cohorts of very able graduates in Psychology and related disciplines – as well as those with equivalent training and experience - to deliver and support, under supervision, brief, outcome-focused evidence-based interventions for children's mental health difficulties.

CWP's are trained to deliver low intensity interventions both face to face and remotely with children, young people and their parents / carers for common mental health problems (anxiety, low mood and behavioural difficulties).


Training and commissions to date



- In 2018/19 and 2019/20 NHSE WT&E commissioned 2 intakes of CWPs. Capacity for each intake nationally was 210, and each HEI was allocated 30 commissions.



- In 2020/21 the cohort increased the cohort size from 210 to 245, however due to COVID-19, only 1 intake of CWPs was commissioned to start in January 2021.




- In 2021/22, funding was confirmed to increase the overall cohort size from 245 to 350 and in 2023/24 funding was confirmed to increase the cohort size from 350 to 400 to support further workforce expansion and achievement of the NHS LTP commitments.




- In 2023/24 there are two intakes of CWPs- September 23 and January 2024, agreed in line with available HEI training capacity.



- Since 2017, 2,464 trainees have been commissioned to commence on the CWP training programme



- NHSE have developed the existing CWP Graduate/Post-graduate Certificate into a Diploma level training programme, to expand the depth and breadth of the CWPs skills learnt through training and their reach into community settings.



- From January 2022, the CWP training programme is now accredited by the BPS. This will allow trainees, once qualified to register with either the BPS or BABCP registers, once they are live.