

A circular wreath of botanical illustrations surrounds a central white circle. The wreath includes various plants: a large red leaf, a green leaf with a white flower, a fern frond, a cluster of yellow flowers, a large green leaf, a red leaf, a purple flower, a green leaf with a white flower, a fern frond, and a cluster of small pink flowers.

A Trainee's Story

North West CYWPs

Who We Are



- CYWP Cohort 4 – Chloe Reanne
- CYWP Cohort 5 – Sarah Riding
- CYWP Cohort 6 – Keysha Binns, Marilla Tolfree & Katie Jamieson

- With special thanks to CYWP Robyn Davies and to everyone who contributed to the video coming up!

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In 3 words, what would you want to say to others about the role of CWP?

Waiting for responses ...



We asked qualified CYWPs to share what they value and what they found challenging about the CYWP course...



WHAT DID YOU VALUE ABOUT THE CWP COURSE?

My CYWP Journey



BA Hons
Childhood
& Youth
Studies
2016



Aspire alternative
education 2012-2019



Mental health
Practitioner &
CYWP supervisor
2022- present



2012-2017
Youth engagement
team Voluntary work



IAG & CYWP, schools &
Primary care liaison team 2019-
2022



Sarah Riding – Bolton CAMHS



University Outreach
Team (Learning
Mentor, Outreach
Officer)



Cohort 5 CYWP
Training (Third
Sector - Child Action
Northwest)



CYWP
@
Bolton
CAMHS

- Experience working with YPs
- Passionate about mental health

BUT

- No clinical experience/mental health career
- No experience/training in mental health risk assessments
- Impractical to fund further study

Pursue passion
Upskill, Learn and Earn

Risk Assessment = New,
overwhelming concept.
Course teaching offered structure
& practical guidance



My CYWP Journey



Introduction

- Cohort 6 - YPAS (in partnership with CAMHS)
- Primary Care Liaison (PCL), Schools, Drop-ins
- Previous Role: Residential Support Care

Background

- Nurseries & Residential Support work
- natural for YP's to open-up to me - 'open can of worms'

Challenges

- RISK – (less intimidating for me due to residential background)
- Less therapy knowledge
- Supported each other

Marilla Tolfree (she/they)

Wellbeing Team Lead &
Practitioner, LGBTQ+ group
worker at Young Person's
Advisory Service, Liverpool

Background:

Youth & Community Work –
youth centres, alternative
education provision, sexual
health, LGBTQ+



Valued

Structure, yet creativity

Parent-led interventions

Supervision support

Challenging

Getting started

Appropriate cases

My CYWP Journey



- Education for 10+ years



- Studied to become a CYWP



- Completed a masters in Psychology



- Service integration
- Transferable skills

“We can’t choose to vanish the dark, but we can choose to kindle the light.” Edith Eger

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In 3 words, what would you want to say to others about the role of CWP?

Waiting for responses ...



In 3 words, what would you want to say to others about the role of Children and Young People's Wellbeing Practitioner?

24 Responses





Final Thoughts

- Remember what it was like to be a trainee
 - Share resources
 - Be patient and kind
 - Encouragement when it gets tough
- CYWPs alone cannot champion this role, its purpose and its value. We need the continued backing and support of senior leaders and commissioners to back the wonderful work CYWPs do.
 - Always remember to catch your crown!





**WE NEEDED
YOU**